

GOLD CLASS SWIM CLINICS – SCARBOROUGH, WA

BREASTSTROKE & BUTTERFLY

Saturday 23 November 2019

Swimming WA in partnership with Gold Class Swimming are offering junior and age group competitive swimmers the opportunity to work with one of Australia's leading swimming coaches. Being one of a select group working with highly credentialed coach Leigh Nugent, each swimmer will benefit significantly by improving their swimming efficiency through this unique opportunity.



Leigh Nugent

Head Coach of Australian Swim Team for the 2004 & 2012 Olympics.

- Where:** Scarborough Beach 25m Pool, 171 The Esplanade, Scarborough WA 6019
- Available Clinics:** 12:00pm to 1:45pm Breaststroke 10 to 16 years
2:00pm to 3:45pm Butterfly 10 to 16 years
- Clinic Structure:** Each clinic will be conducted for 1hr 45min. The focus of each clinic is on improving body position, stroke technique and skills in breaststroke or butterfly. Each swimmer may enroll in both the breaststroke and butterfly clinics.
- How to Book: **** Book via TryBooking at <https://www.trybooking.com/BGAHA> to secure your place in each clinic.
- Closing date:** Clinic places will close when filled.
- Swimmer Limit:** Each clinic will be limited to **20 swimmers** and bookings will be taken on a first in, first served basis together with the receipt of all monies. Parents are encouraged to book early to avoid disappointment.
- Price:** \$75.00 per 1hr 45min clinic. Gold Class Swimming will pay for pool hire and swimmer entry on the day.
- Questions:** If you have any questions in regards to the Clinics, please direct them to swimclinic@goldclassswimming.com.