

20 POINTS OF SELF EVALUATION

1. Did I make any incorrect rulings?
2. Were there any times when it was fortunate that I did not have to make a ruling?
3. Did I do everything I could to ensure just outcomes?
4. Were my rulings/decisions consistent?
5. Did I fail to maintain proper control at any time?
6. When did I feel most vulnerable to outside influences?
7. Were there any situations where I avoided or usurped responsibility for a ruling at the expense of another Official?
8. Was there anything about my signals, gestures or style that evoked an unexpected or unwanted response?
9. Did I uphold, defend or rationalise any improper rulings?
10. Was there a particular aspect of my performance that I could work on prior to or at my next meet?
11. Did I arrive at the meet on time?
12. Did I dress smartly and appropriately?
13. Did I conduct or participate in a beneficial pre meet conference?
14. Did I look confident without appearing overconfident?
15. Did I give the proper signals (whistles, raised hand etc) in an appropriate manner?
16. Did I develop and maintain genuine teamwork with my partner/s?
17. Did I maintain proper positioning?
18. Did I place my hands on an Athlete for any reason?
19. Did I treat all participants with the appropriate amount of respect?
20. Did I make every effort to diffuse potentially volatile situations?