

2019 Australian State Teams Championships

Coach, Technical Official, Athlete Selection Criteria

Friday 4 October – Sunday 6 October 2019
Australian Institute of Sport, Canberra

The 2019 Australian State Teams Championships is the pinnacle age group event in the Short Course calendar in Australia. The Championships will see Athletes from all Australian States and Territories compete in a team based competition with the focus placed on accumulating points for their state or territory. The event is held each year at the Australian Institute of Sport in Canberra with teams staying, training and competing together on site. The events also serves as a training opportunity for developing Officials, who come together from each state and territory to attend training courses, share experiences and officiate at the meet itself.

Each year Swimming WA selects a group of Athletes, Coaches and Officials to represent Western Australia and experience what is a unique meet in the Australian swimming calendar.

Objectives of the Programme

- To provide an opportunity for Athletes, Coaches and Officials to represent WA in a team environment at the premier Age Short Course meet in Australia and practice skill development.
- To provide an opportunity for developing Coaches to operate alongside experienced WA Coaches and Athletes
- To provide an opportunity for developing Officials to experience a National level meet and receive mentoring directly from highly experienced Officials from across the nation

Coach Programme Benefits

- Fully funded position to attend the 2019 Australian State Teams Championships
- Opportunity to work alongside and learn from an experienced Team Head Coach and other WA Coaches
- Opportunity to work with the top Age Group swimmers in the state as part of a WA representative team at the premier Age Short Course meet in Australia
- Honorarium payment of \$250 exclusive of GST

Head Coach Selection Criteria

The Head Coach will be appointed by Swimming WA at its absolute discretion.

Team Coach Positions

SWA will appoint

- i) One (1) Head Coach
- ii) Four (4) Team Coaches

astcaWA Committee will appoint

- i) One (1) Development Coaches

Team Coach Selection Criteria and Process

Coaches selected must:

- Be the primary Coach of an Athlete selected in the Swimming WA Performance Pathway Programme or/and athlete selected on the team;
- Have a keen interest in elite Coach development and a proven capability to work with Coaches and Athletes with differing styles and backgrounds;
- Be a current financial & registered member of an affiliated Swimming WA swimming Club and a member of Swimming WA;
- Have a current National Police Clearance and Working with Children Check;
- Have a current Development Coaching Accreditation or higher;
- Agree to comply with the Swimming WA team agreement and all associated policies

Applications are open from 7 June until Friday 16 August 2019.

Coach Commitments

Coaches selected onto the team must fulfill the following commitments:

- Sign a Swimming WA team agreement which outlines their commitment to being a member of the State Team;
- Be available for and attend the Team training sessions; dates TBC
- Be available for and travel with the team to the 2019 State Teams Championships. The WA team will depart on Wednesday 2 October and return on Sunday 6 October 2019

Coach Application Process

Coaches interested in applying for a Team Coach position should send a letter addressing the selection criteria indicating the role(s) in which they wish to be considered, copies of National Police Clearance and Working with Children Check and Coaching CV to;

Zac Acott
Competition and Pathways Manager
Zac.acott@wa.swimming.org.au

Officials Programme Benefits

- Fully funded position to attend the 2019 Australian State Teams Championships
- Opportunity to develop as an Official through participation in officiating courses conducted by the most experienced Technical Officials in Australia
- Opportunity to officiate at a National level meet

Officials Selection Process

Swimming WA will appoint five (5) Developing Officials and one (1) Mentor Official to attend the 2019 Australian State Teams Championships via the Swimming WA Technical and Education Committee.

The selection criteria for Developing Officials are as follows;

- Be a current financial & registered member of an affiliated Swimming WA swimming club and a member of Swimming WA
- Officiated at least one 2018/2019 WA State Championships events
- Must not have been appointed as a Referee or Starter at a National Championship pool event
- Must not have attended two or more State Team Championships.
- Willing and motivated to develop as an Official at the State and National level
- Possess at least three (3) of the following accreditations;
 - Clerk of Course/Check Starter
 - Inspector of Turns
 - Judge of Stroke
 - Referee Level 1 or higher
 - Starter Level 1 or higher

Swimming WA will consider Level 2 Referees and Starters who are either;

- 1) Being considered for assessment by a SAL National Assessor at a State Championships event
- 2) Have previously been assessed by a SAL National Assessor at a State Championship event.

The Swimming WA Technical and Education Committee will identify Officials to be considered based on the selection criteria above and contact them directly by end of June 2019.

Those Officials selected to attend the 2019 Australian State Teams Championships will be announced once approval from Swimming Australia has been confirmed.

Athlete Programme Benefits

- Partially funded position to attend the 2019 Australian State Teams Championships (\$300 athlete contribution)
- Opportunity to represent WA as part of a State representative team

Athlete Selection Criteria & Process

All WA swimmers will be considered available for the Championships and will not need to apply to be selected. Should an Athlete not be available to compete in the Championships, they must notify Swimming WA by Friday 16 August 2019.

Selected athletes must be available for and attend the Team training sessions; dates TBC. Selected athletes must also be available for the State Team presentation and meeting on the final night of the Swimming WA State Short Course Championships.

Swimmers who are successful in gaining selection on to the team will be notified on Sunday 8 September 2019.

*Exception given to athletes competing at the 2019 FINA World Junior Swimming Championships

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| Competition | 2019 State Teams Championships |
| | Friday 4 October – Sunday 6 October 2019 Australian Institute of Sport, Canberra |
| Athlete Eligibility | <p>To be considered for selection, a swimmer must be:</p> <ol style="list-style-type: none"> A permanent Australian resident of Australia eligible to represent Western Australia at this event A current registered member of a Swimming WA affiliated swimming club Compete at the 2019 WA State Short Course Championships (Australian Junior Team Members may still be considered at the time of selection); Be available to fulfill all Team commitments Payment of \$300 athlete contribution to Swimming WA by Friday 13 September 2019. |
| Selection Criteria | <p>A team of up to forty (40) able bodied athletes and four (4) Multi-Class athletes will be selected into the Swimming WA State Short Course Team.</p> <p>The able-bodied team will comprise ten (10) males in each of the two (2) age groups (14/15yrs & 16/17yrs) and ten (10) females in each of the two (2) age groups (13/14yrs & 15/16yrs). Age is calculated as at 4 October 2019</p> <p>Able Bodied</p> <p>Selection is based on performances at the 2019 WA State Short Course Championships. The selection will be determined based on the needs of the team to ensure maximum potential to score points in each event at the State Teams Championships. The three fastest ranked (available) finishers out of the following events will be considered (but not guaranteed) for selection:</p> <ul style="list-style-type: none"> • 100 & 200 backstroke in each of the combined age groups will be considered • 100 & 200 breaststroke in each of the combined age groups will be considered • 100 & 200 butterfly in each of the combined age groups will be considered |

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| | <ul style="list-style-type: none"> • 100 & 200 freestyle in each of the combined age groups will be considered • 400 & 800 freestyle in the female combined age groups will be considered • 400 & 1500 freestyle in the male combined age groups will be considered • 200 & 400 individual medleys in each of the combined age groups will be considered <p>Multi Class Selection is based on performances at the 2019 WA State Short Course Championships. The selection will be determined based on the needs of the team to ensure maximum potential to score points in each event at the State Teams Championships.</p> <p>Athletes achieving a minimum of 440 points on the Multi-Class Point score will be considered for selection.</p> <p>Additional Information Athletes who may be representing Western Australia or Australia at the time of selection, are still eligible for consideration. Final selection is at the discretion of the State Team Selection Panel consisting of the State Head Coach, Swimming WA Management & Team Head Coach.</p> |
| Team Commitments | <p>All swimmers will be required to:</p> <ol style="list-style-type: none"> a) Sign a Swimming WA team agreement which outlines the commitment of being a State team member b) Enter into this agreement with their Coach who will support the selection c) Attend the Team Training Days; dates TBC and attend the State Team presentation and meeting on the final night of the Swimming WA State Short Course Swimming Championships. d) Attend and travel with the team to the 2019 State Teams Age Short Course Championships; the WA Team will travel to Canberra on Wednesday 2 October & return on Sunday 6 October 2019 e) Compete in all events as selected by Swimming WA Head Coach and Team Coaches to the best of their ability |
| Fitness Requirements | <p>The Swimming WA Head Coach must be satisfied that selected swimmers have demonstrated an uncompromised commitment to preparation for peak performance at 2019 State Teams Age Short Course Championships.</p> <p>An athlete may be requested to undertake specific performance assessments to demonstrate that they are prepared to compete at peak performance levels at the event. This request will be at the discretion of the State Teams Selection Panel.</p> <p>If it is of the view that the athlete is not or will not be in a state of preparation for peak performance at the 2019 Australian State Teams Championships then an agreed action will be developed to support and address the identified concerns. If the participation of the selected athlete is not in the best interest of the team or the individual's performance, then the State Team Selection Panel may make a decision to deselect the athlete from the team.</p> |
| Withdrawal | <p>Should a swimmer or coach withdraw from the 2019 State Teams Short Course Team following the team announcement, the State Team Selection Panel may select another swimmer or coach for replacement at its discretion.</p> |
| Note | <ul style="list-style-type: none"> • Swimming WA may amend the selection criteria at any time at its discretion. • Swimming WA decision is final and no appeal process regarding a decision will |

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| | <p>be entered into.</p> <ul style="list-style-type: none"> Swimming WA reserves the right to refuse selection regardless of achievement or to consider selection for those swimmers who may not meet the selection criteria. |
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For any enquires regarding the selection criteria for the 2019 State Teams Championships please contact:

Zac Acott
 Competition and Pathways Manager
 Zac.acott@wa.swimming.org.au

| 2019 STSC A-Standard Qualifying Times | | | | | | | | |
|---------------------------------------|------------|----------|--------------|----------|-----------|----------|----------|----------|
| A Standard | Freestyle | | | | | | | IM |
| | 100m | 200m | 400m | 800m | 1500m | 4x100m | 4x200m | 4x100m |
| Male 14/15 | 00:52.25 | 01:54.43 | 04:04.70 | | 16:15.64 | 03:34.50 | | 04:02.30 |
| Male 16/17 | 00:50.79 | 01:51.53 | 03:57.68 | | 15:50.04 | 03:24.15 | 07:35.83 | 03:43.60 |
| Female 13/14 | 00:57.42 | 02:05.13 | 04:22.98 | 09:03.61 | | 03:52.83 | | 04:21.03 |
| Female 15/16 | 00:56.37 | 02:02.48 | 04:17.25 | 08:55.86 | | 03:39.80 | 08:15.42 | 04:14.23 |
| A Standard | Backstroke | | Breaststroke | | Butterfly | | IM | |
| | 100m | 200m | 100m | 200m | 100m | 200m | 200m | 400m |
| Male 14/15 | 00:57.97 | 02:06.17 | 01:05.85 | 02:23.42 | 00:57.68 | 02:08.30 | 02:08.79 | 04:38.66 |
| Male 16/17 | 00:56.21 | 02:02.76 | 01:03.81 | 02:18.85 | 00:55.75 | 02:03.47 | 02:05.09 | 04:28.09 |
| Female 13/14 | 01:03.84 | 02:18.46 | 01:13.20 | 02:37.51 | 01:02.88 | 02:21.27 | 02:20.72 | 05:01.70 |
| Female 15/16 | 01:01.81 | 02:15.04 | 01:12.18 | 02:32.94 | 01:02.12 | 02:18.08 | 02:18.29 | 04:55.07 |

2019 STSC B-Standard Qualifying Times

| B Standard | Freestyle | | | | | | | | |
|---------------------|------------|----------|--------------|----------|-----------|----------|----------|----------|--|
| | 100m | 200m | 400m | 800m | 1500m | | | | |
| Male 14/15 | 00:52.88 | 01:55.27 | 04:06.42 | | 16:23.01 | | | | |
| Male 16/17 | 00:51.06 | 01:52.43 | 04:00.19 | | 16:00.49 | | | | |
| Female 13/14 | 00:57.86 | 02:05.94 | 04:25.01 | 09:10.25 | | | | | |
| Female 15/16 | 00:56.74 | 02:03.29 | 04:19.02 | 09:00.65 | | | | | |
| B Standard | Backstroke | | Breaststroke | | Butterfly | | IM | | |
| | 100m | 200m | 100m | 200m | 100m | 200m | 200m | 400m | |
| Male 14/15 | 00:58.46 | 02:07.65 | 01:06.89 | 02:24.43 | 00:58.20 | 02:11.03 | 02:10.08 | 04:41.67 | |
| Male 16/17 | 00:56.84 | 02:04.25 | 01:04.23 | 02:20.57 | 00:56.58 | 02:04.98 | 02:05.81 | 04:30.46 | |
| Female 13/14 | 01:04.58 | 02:20.41 | 01:14.47 | 02:38.81 | 01:04.17 | 02:22.89 | 02:22.38 | 05:04.30 | |
| Female 15/16 | 01:02.45 | 02:15.57 | 01:12.47 | 02:33.93 | 01:02.41 | 02:19.66 | 02:19.79 | 04:57.30 | |

2019 STSC C-Standard Qualifying Times

| C Standard | Freestyle | | | | | | | | |
|---------------------|------------|----------|--------------|----------|-----------|----------|----------|----------|--|
| | 100m | 200m | 400m | 800m | 1500m | | | | |
| Male 14/15 | 00:53.16 | 01:56.73 | 04:09.34 | | 16:34.42 | | | | |
| Male 16/17 | 00:51.37 | 01:53.56 | 04:02.50 | | 16:10.43 | | | | |
| Female 13/14 | 00:58.31 | 02:06.76 | 04:26.96 | 09:17.95 | | | | | |
| Female 15/16 | 00:57.37 | 02:04.15 | 04:21.32 | 09:04.19 | | | | | |
| C Standard | Backstroke | | Breaststroke | | Butterfly | | IM | | |
| | 100m | 200m | 100m | 200m | 100m | 200m | 200m | 400m | |
| Male 14/15 | 00:59.11 | 02:09.24 | 01:07.35 | 02:26.41 | 00:58.92 | 02:12.66 | 02:11.22 | 04:44.56 | |
| Male 16/17 | 00:57.13 | 02:05.97 | 01:05.33 | 02:22.54 | 00:56.97 | 02:06.36 | 02:07.09 | 04:37.24 | |
| Female 13/14 | 01:04.95 | 02:21.31 | 01:15.06 | 02:40.68 | 01:04.66 | 02:24.94 | 02:23.30 | 05:07.56 | |
| Female 15/16 | 01:02.84 | 02:18.10 | 01:12.91 | 02:37.12 | 01:03.49 | 02:22.08 | 02:21.16 | 04:59.06 | |