

Pool (Able-Bodied) Performance Standards

[Performance standard to be considered for National Flippers Program](#)

Male Age Group								
	Open	20yrs	19yrs	18yrs	17yrs	16yrs	15yrs	14yrs

SELECTION EVENTS								
50m Freestyle	00:22.40	00:22.61	00:22.94	00:23.15	00:23.37	00:23.59	00:23.80	00:24.02
100m Freestyle	00:49.62	00:50.10	00:50.82	00:51.30	00:51.78	00:52.25	00:52.73	00:53.21
200m Freestyle	01:49.59	01:50.64	01:52.23	01:53.29	01:54.35	01:55.41	01:56.47	01:57.53
400m Freestyle	03:53.65	03:55.91	03:59.29	04:01.55	04:03.81	04:06.07	04:08.33	04:10.58
800m Freestyle	07:58.53	08:03.17	08:10.14	08:14.79	08:19.43	08:24.08	08:28.73	08:33.37
1500m Freestyle	15:12.16	15:21.01	15:34.30	15:43.15	15:52.01	16:00.87	16:09.72	16:18.58
100m Backstroke	00:54.80	00:55.33	00:56.13	00:56.66	00:57.19	00:57.72	00:58.25	00:58.77
200m Backstroke	02:00.60	02:01.76	02:03.51	02:04.68	02:05.84	02:07.01	02:08.17	02:09.34
100m Breaststroke	01:01.46	01:02.05	01:02.94	01:03.54	01:04.13	01:04.72	01:05.32	01:05.91
200m Breaststroke	02:14.44	02:15.74	02:17.68	02:18.98	02:20.28	02:21.58	02:22.88	02:24.18
100m Butterfly	00:52.87	00:53.38	00:54.14	00:54.66	00:55.17	00:55.68	00:56.19	00:56.70
200m Butterfly	01:58.63	01:59.78	02:01.50	02:02.64	02:03.79	02:04.94	02:06.08	02:07.23
200 IM	02:01.88	02:03.06	02:04.83	02:06.00	02:07.18	02:08.36	02:09.54	02:10.71
400 IM	04:20.32	04:22.84	04:26.61	04:29.13	04:31.64	04:34.16	04:36.67	04:39.19

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	Female Age Group							
	Open	19yrs	18yrs	17yrs	16yrs	15yrs	14yrs	13yrs
SELECTION EVENTS								
50m Freestyle	00:25.25	00:25.50	00:25.86	00:26.11	00:26.35	00:26.60	00:26.84	00:27.08
100m Freestyle	00:55.04	00:55.57	00:56.37	00:56.90	00:57.43	00:57.97	00:58.50	00:59.03
200m Freestyle	02:00.44	02:01.61	02:03.35	02:04.52	02:05.68	02:06.84	02:08.01	02:09.17
400m Freestyle	04:12.36	04:14.80	04:18.46	04:20.90	04:23.34	04:25.77	04:28.21	04:30.65
800m Freestyle	08:39.87	08:44.89	08:52.43	08:54.94	08:59.96	09:04.98	09:10.01	09:15.03
1500m Freestyle	16:42.59	16:52.28	17:06.81	17:11.65	17:21.34	17:31.03	17:40.72	17:50.40
100m Backstroke	01:01.58	01:02.18	01:03.07	01:03.67	01:04.26	01:04.85	01:05.45	01:06.04
200m Backstroke	02:13.30	02:14.59	02:16.52	02:17.81	02:19.09	02:20.38	02:21.67	02:22.96
100m Breaststroke	01:08.55	01:09.21	01:10.20	01:10.87	01:11.53	01:12.19	01:12.85	01:13.52
200m Breaststroke	02:28.56	02:30.00	02:32.15	02:33.59	02:35.02	02:36.46	02:37.89	02:39.33
100m Butterfly	00:58.92	00:59.49	01:00.35	01:00.92	01:01.48	01:02.05	01:02.62	01:03.19
200m Butterfly	02:12.55	02:13.83	02:15.75	02:17.03	02:18.32	02:19.60	02:20.88	02:22.16
200 IM	02:14.72	02:16.02	02:17.97	02:19.27	02:20.57	02:21.87	02:23.18	02:24.48
400 IM	04:50.21	04:53.02	04:57.22	05:00.03	05:02.83	05:05.64	05:08.44	05:11.24

Open Water (Able-Bodied) Performance Standards

[Performance standard to be considered for National Flippers Program](#)

Event and Performance Standard*			
10km: Open***	10km: 18yr - 19yr***	7.5km: 16yr - 17yr	5km: 14yr - 15yr
8th or better	4th or better (individual age groups)	4th or better (individual age groups)	1st & 2nd (combined age group)

*Performance standard refers to the finish position amongst Australian athletes only. In this instance, Australian athletes are defined as a current member of a Swimming WA or other Swimming Australia affiliated club.

*** Due to the 10km events being reduced in terms of field size, the following performance standards must be met in addition to the above in order to confirm selection for TAG Funding:

Finishing no more than eight (8) minutes from the 1st placed athlete