

2021

WA Duel in the Pool

Coach and Athlete Selection Criteria

Monday 4 October – Thursday 7 October 2021
Christchurch Grammar

The 2021 WA Duel in the Pool will replace the 2021 State Team Championships due to the event being cancelled. The Duel in the Pool will see Athletes compete in a team-based competition with the focus placed on accumulating points for. The event will be held at Christchurch Grammar with teams staying, training, and competing together on site.

This year Swimming WA will select a group of Athletes and Coaches to represent Western Australia and experience what is going to be a unique meet on the Western Australian swimming calendar.

Objectives of the Programme

- To provide an opportunity for Athletes and Coaches to represent WA in a team environment and enhance skill development.
- Build a positive, collaborative and competitive environment amongst WA Swimmers and Coaches
- To provide an opportunity for developing Coaches to operate alongside experienced WA Coaches and Athletes

Coach Programme Benefits

- Fully funded position to attend the 2021 WA Duel in the Pool
- Opportunity to work alongside and learn from an experienced Team Head Coach and other WA Coaches
- Opportunity to work with the top Age Group swimmers in the state as part of a WA representative team
- Honorarium payment of \$500 exclusive of GST

Team Coach Positions

SWA will appoint

- i) Two (2) Head Coaches
- ii) Four (4) Team Coaches

ASCTA (WA) Committee will appoint

- i) Two (2) Development Coaches

Team Coach Selection Criteria and Process

Coaches selected must:

- Have a successful track record of developing programs and athlete's;
- Have a keen interest in elite Coach development and a proven capability to work with Coaches and Athletes with differing styles and backgrounds;
- Be a current financial & registered member of an affiliated Swimming WA swimming Club and a member of Swimming WA;
- Have a current National Police Clearance and Working with Children Check;
- Have a current Development Coaching Accreditation or higher;
- Agree to comply with the Swimming WA team agreement and all associated policies

Coach Commitments

Coaches selected onto the team must fulfill the following commitments:

- Sign a Swimming WA team agreement which outlines their commitment to being a member of the State Team;
- Be available for the 2021 WA Duel in the Pool. The WA team will arrive on the CCGS campus on Monday 4 October and depart on Thursday 7 October 2021

Coach Application Process

Coaches interested in applying for the WA State Team Head Coach position or WA State Team Coach position should send a one (1) page letter addressing their previous key achievements as a coach and also indicate the role(s) in which they wish to be considered for, to;

Luke Gavin
Athlete and Coach Development Manager
Luke.gavin@wa.swimming.org.au

Applications are open until Monday 16 August 2021.

Athlete Programme Benefits

- Partially funded position to attend the 2021 WA Duel in the Pool (\$150 athlete contribution to go towards accommodation, meals, uniform, pool hire, team building activities)
- Opportunity to represent WA as part of a representative team in a competitive environment
- Opportunity to develop friendships with competitive swimmers and learn from coaches outside of “home” club program

Athlete Selection Criteria & Process

For WA swimmers to be considered for selection into the WA State Team they must register their interest [here](#) by Friday 20 August 2021. Any athlete that doesn't register their interest will not be considered for selection.

Swimmers who are successful in gaining selection on to the team will be notified by Friday 3 September 2021.

Competition	2021 WA Duel in the Pool
	Monday 4 October– Thursday 7 October 2021 Christchurch Grammar
Athlete Eligibility	To be considered for selection, a swimmer must be: <ol style="list-style-type: none"> A permanent Australian resident of Australia eligible to represent Western Australia at this event A current registered member of a Swimming WA affiliated swimming club Compete at the 2021 WA State Short Course Championships Be available to fulfill all Team commitments Payment of \$150 athlete contribution to Swimming WA by Friday 17 September 2021.
Selection Criteria	The able-bodied team will comprise ten (10) males in each of the two (2) age groups (14/15yrs & 16/17yrs) and ten (10) females in each of the two (2) age groups (13/14yrs & 15/16yrs). Age is calculated as at 4 October 2021 Able Bodied Selection is based on performances at the 2021 WA State Short Course Championships. The selection will be determined based on the needs of the team to ensure maximum potential to score points in each event at the WA Duel in the Pool. The two fastest ranked (available) finishers out

	<p>of the following events will be considered (but not guaranteed) for selection:</p> <ul style="list-style-type: none"> • 100 & 200 backstroke in each of the combined age groups will be considered • 100 & 200 breaststroke in each of the combined age groups will be considered • 100 & 200 butterfly in each of the combined age groups will be considered • 100 & 200 freestyle in each of the combined age groups will be considered • 400 & 800 freestyle in each of the combined age groups will be considered • 200 & 400 individual medleys in each of the combined age groups will be considered <p>Multi Class Selection is based on performances at the 2021 WA State Short Course Championships. The selection will be determined based on the needs of the team to ensure maximum potential to score points in each event at the State Teams Championships.</p> <p>Athletes achieving a minimum of 440 points on the Multi-Class Point score will be considered for selection.</p> <p>Additional Information Athletes who may be representing Western Australia or Australia at the time of selection, are still eligible for consideration. Final selection is at the discretion of the State Team Selection Panel consisting of the State Head Coach, Swimming WA Management & Team Head Coach.</p>
<p>Team Commitments</p>	<p>All swimmers will be required to:</p> <ol style="list-style-type: none"> a) Sign a Swimming WA team agreement which outlines the commitment of being a State team member b) Enter into this agreement with their Coach who will support the selection c) Attend the 2021 WA Duel in the Pool; the Team will arrive at CCGS on Monday 4 October & return on Thursday 7 October 2021 d) Compete in all events as selected by Swimming WA Head Coach and Team Coaches to the best of their ability
<p>Fitness Requirements</p>	<p>The Swimming WA Head Coach must be satisfied that selected swimmers have demonstrated an uncompromised commitment to preparation for peak performance at 2021 WA Duel in the Pool.</p> <p>An athlete may be requested to undertake specific performance assessments to demonstrate that they are prepared to compete at peak performance levels at the event. This request will be at the discretion of the State Teams Selection Panel.</p> <p>If it is of the view that the athlete is not or will not be in a state of preparation for peak performance at the 2021 WA Duel in the Pool then an agreed action will be developed to support and address the identified</p>

	concerns. If the participation of the selected athlete is not in the best interest of the team or the individual's performance, then the State Team Selection Panel may decide to deselect the athlete from the team.
Withdrawal	Should a swimmer or coach withdraw from the 2021 WA Duel in the Pool Team following the team announcement, the State Team Selection Panel may select another swimmer or coach for replacement at its discretion.
Note	<ul style="list-style-type: none"> Swimming WA may amend the selection criteria at any time at its discretion. Swimming WA decision is final and no appeal process regarding a decision will be entered into. Swimming WA reserves the right to refuse selection regardless of achievement or to consider selection for those swimmers who may not meet the selection criteria.

For any enquires regarding the selection criteria for the 2021 WA Duel in the Pool please contact:

Luke Gavin
Athlete and Coach Development Manager
Luke.gavin@wa.swimming.org.au

2021 STSC A-Standard Qualifying Times						
A Standard	Freestyle				IM	
	100m	200m	400m	800m	200m	400m
Male 14/15	00:52.05	01:54.08	04:03.72	08:32.02	02:08.56	04:37.98
Male 16/17	00:50.77	01:51.25	03:56.14	08:19.64	02:04.74	04:28.58
Female 13/14	00:57.46	02:05.45	04:23.54	09:05.81	02:20.40	05:02.86
Female 15/16	00:56.28	02:02.14	04:16.84	08:55.58	02:17.94	04:54.37
A Standard	Backstroke		Breaststroke		Butterfly	
	100m	200m	100m	200m	100m	200m
Male 14/15	00:57.74	02:05.86	01:05.51	02:22.60	00:57.24	02:08.14
Male 16/17	00:56.12	02:02.53	01:03.93	02:19.01	00:55.66	02:03.58
Female 13/14	01:03.64	02:18.37	01:13.39	02:37.37	01:03.10	02:20.94
Female 15/16	01:01.86	02:14.39	01:11.31	02:32.24	01:01.83	02:17.08

2021 STSC B-Standard Qualifying Times						
B Standard	Freestyle				IM	
	100m	200m	400m	800m	200m	400m
Male 14/15	00:52.65	01:55.30	04:05.41	08:38.55	02:09.83	04:40.42
Male 16/17	00:50.99	01:52.63	03:58.63	08:34.84	02:05.70	04:30.90
Female 13/14	00:57.92	02:06.36	04:25.49	09:13.30	02:22.44	05:04.81
Female 15/16	00:56.53	02:03.00	04:18.02	08:59.44	02:19.15	04:56.46
B Standard	Backstroke		Breaststroke		Butterfly	
	100m	200m	100m	200m	100m	200m
Male 14/15	00:58.23	02:07.63	01:06.47	02:23.49	00:57.85	02:10.25
Male 16/17	00:56.60	02:03.55	01:04.72	02:20.58	00:56.56	02:04.80
Female 13/14	01:04.35	02:20.30	01:14.51	02:38.71	01:04.16	02:22.41
Female 15/16	01:02.36	02:15.14	01:12.11	02:33.33	01:02.27	02:18.36

2021 STSC C-Standard Qualifying Times						
C Standard	Freestyle				IM	
	100m	200m	400m	800m	200m	400m
Male 14/15	00:53.00	01:56.51	04:07.84	08:46.44	02:10.90	04:43.53
Male 16/17	00:51.37	01:53.65	04:00.93	08:45.54	02:06.72	04:36.44
Female 13/14	00:58.36	02:07.45	04:28.04	09:20.90	02:23.49	05:07.82
Female 15/16	00:56.79	02:03.82	04:19.96	09:04.41	02:20.56	04:58.19
C Standard	Backstroke		Breaststroke		Butterfly	
	100m	200m	100m	200m	100m	200m
Male 14/15	00:59.08	02:09.49	01:06.95	02:26.62	00:58.55	02:12.09
Male 16/17	00:56.97	02:05.27	01:05.93	02:23.46	00:56.88	02:06.26
Female 13/14	01:04.83	02:21.31	01:15.22	02:40.90	01:04.63	02:25.18
Female 15/16	01:02.68	02:17.81	01:12.48	02:35.72	01:03.19	02:21.22