# **GK Junior Meet 2025**

# Sunday 24<sup>th</sup> August 2025 Darling Range Sports College



Calling all Junior Swimmers! Get ready for one of the coolest events of the season, the GK Junior Meet! This is your chance to shine in one of the last meets offering 25m events. It's the perfect stepping stone between Club Meets and the big HBF Meets.

If you're a Junior Swimmer, then this event is for you! Not only will you have a blast, but the times you achieve here can be used for entries at the Junior Champs the following weekend.

So, grab your goggles, bring your best strokes, and let's make a splash at the GK Junior Meet!



#### **Events are limited to:**

100m & 200m IM 25m/50m/100m of each stroke.

Medals will be awarded in each event for swimmers aged 9&O. We endeavour to recognise all swimmers on the day aged 8&U who step up and have a go. We will decide on prizes closer to the day when we know entries.

If you have a swimmer close to qualifying for a 200m or above event at Junior Champs please reach out to us and we can look at adding a time-trial.

## **Special Events / Awards:**

Get ready for a thrilling twist on the classic medley race with the **Mystery Medley**! The top 8 girls and boys from the 100m and 200m medleys will have the chance to compete for a special prize in this unique event.

Here's the fun part: at the start of the race, each swimmer will draw a card that reveals the order of events they will swim. This means every swimmer could be racing a different sequence of strokes, adding an element of surprise and strategy to the competition.

Most improved Swimmer for each stroke – A special prize for the most improved swimmer as a % of their time compared to their PB. Using a % accommodates across the distances – typically the prize is won by a younger 50m swimmer.

### **Facilities:**

Spectator space is limited, so we encourage swimmers to bring pillows, doonas, blankets and to setup for the day in the gymnasium, also where we marshal the kids for racing. The pool opens out to the oval if clubs want to bring marquees to setup a club-zone on the grass.

We run the GK Café on the day serving various foods across the day such as bacon and egg burgers, sausage sizzle, cakes, soup, etc. We also arrange for a coffee van to be onsite.

There is a small door entry charge on the day to contribute back to the school for venue use.

GK Senior Swimmers will provide timekeeping typically for half the pool, reducing the timekeeping requirement from visiting clubs.