

Richmond Wellbeing Webinar Series

Members Welcome
All Club
Welcome

8
DEC

PART 1
Positive Sporting Parents
Online at 7pm

13
DEC

PART 2
Handling your Athlete's Expectations
Online at 7pm

20
MAR

PART 3
Managing Disappointment
Online at 7pm

18
APRIL

PART 4
Nationals Debrief
Online at 8am

27
APRIL

PART 5
Change Management
Online at 7pm

5
MAY

PART 6
Keeping Motivated
Online at 7.30pm



Presented by Adrian Munro
CEO, Richmond Wellbeing

