

Media Release : 19 February 2018

COME AND TRY SWIM EVENT FOR ALL ABILITIES

Swimming WA is delivering a FREE Multi Class Come and Try Day for prospective swimmers of all abilities at the UWA Aquatic Centre on 25 February 2018 between 9 - 11am.

Participants of the Multi Class Come and Try Day will have access to top quality coaches. In addition some of WA's best Multi Class swimmers will be in attendance to inspire and motivate the participating swimmers.

With 25m and 50m races, an 100m exhibition swim, as well as a short diving clinic this event will provide plenty of opportunities for swimmers of all abilities. It is also a platform to discuss the development pathway for interested Para swimmers in WA.

Multi Class swimming provides meaningful competition for swimmers with a disability. Each Multi Class swimmer is given a classification group according to their impairment on their ability to compete in the sport of swimming. In Australia, swimming classification is designed to ensure a fair environment for competition at all levels from club through to Australian Championships.

The Multi Class Come and Try Day will include:

- A fun environment for swimmers of all ages, genders and abilities to develop their skill set.
- A short diving clinic run by Paralympic and Multi Class coaches will provide swimmers with the opportunity to try different diving techniques and to develop confidence diving.
- The opportunity for each participant to learn about the sport of swimming and gain some confidence in their abilities.
- The opportunity for swimmers, parents and coaches to understand critical subjects such as; Multi Class classification and the available pathways for Multi Class swimming.

“The aim is to encourage swimmers to learn the skills of the sport but also be involved to make a sustainable difference in the future. Swimming WA would like to see an increase in the presence of Para swimmers in WA events and believes that events like these will have flow on effects seen long into the future” said Darren Beazley, Swimming WA Chief Executive Officer.

PRINCIPAL PARTNER

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“Events such as the Multi Class Come and Try Day are great at bringing people together with the same interests and sets the scene for quality relationships formed with other swimmers, coaches and clubs”, Darren said.

This event, including a barbecue and giveaways, is FREE for all spectators and swimmers. Swimmers will need to pay \$5 for pool entry.

To register for this event, please visit <https://www.trybooking.com/TYLS>.

If you would like more information regarding the clinics, please contact Swimming WA Development Officer, Amy Perrie at amy.perrie@wa.swimming.org.au or (08) 9328 4599.

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